#### Welcome to MCG's CliffsNotes Book Club

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"When you 'get' people, you get results."



Leadership Training



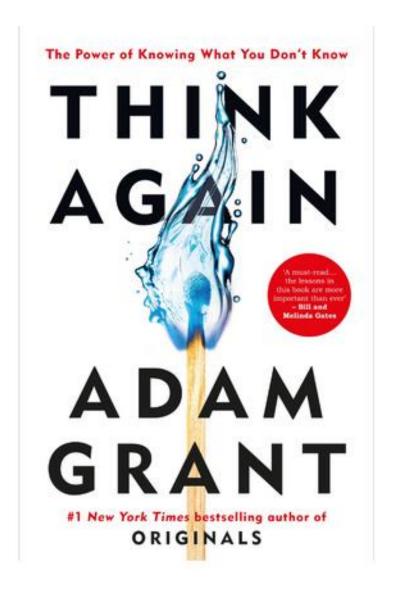
Team
Development



Leadership Coaching

Join the <u>'CliffsNotes' club</u>—where there's no pressure to pre-read the book, no membership required, no cost, and lots of discussion in just 90 minutes. Each month, you will hear a <u>summary of highlights</u> from a recently-published business book. This discussion summary is intended to provide a recap of the conversation at Book Club, rather than serve as a thorough book summary. We'll keep you "in the know" on the latest and greatest concepts and models. <u>Register here</u> for upcoming events.

In a turbulent world, there's another set of cognitive skills that might matter more: the ability to rethink and unlearn.



An Overview by Doug Hensch

# Thought experiment...

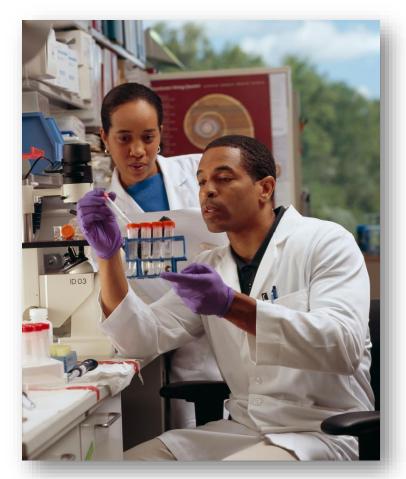
- Imagine that you are back in high school and sitting down to take the SATs.
- You answer the very first question, then begin to doubt your initial answer.
- What do you do?

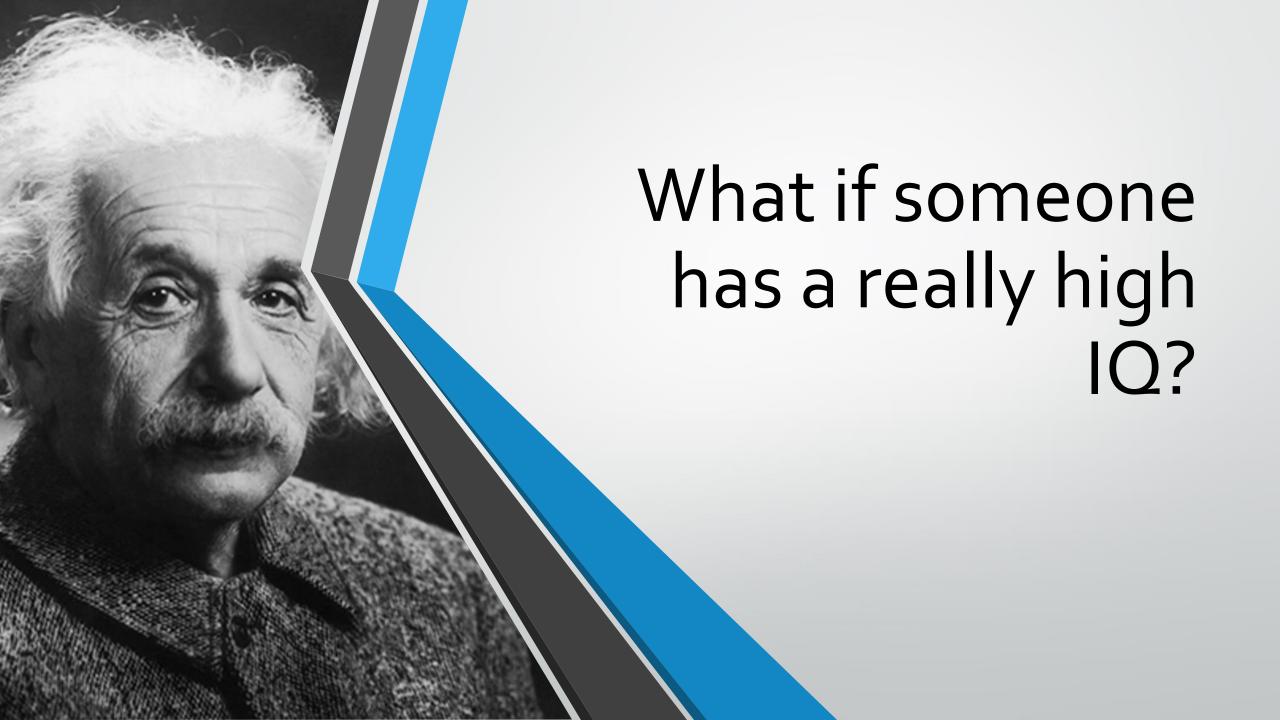
# Agenda

- Individual Rethinking
- Interpersonal Rethinking
- Collective Rethinking

# 3 Thinking Modes

- Preacher
- Prosecutor
- Politician





### The Humility Sweetspot

Low Humility High Humility

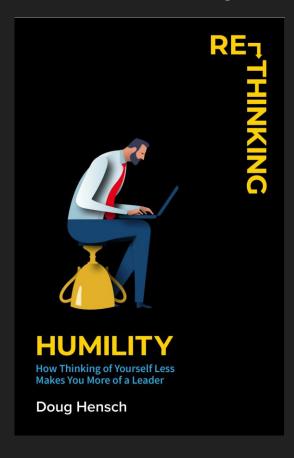
**Low Confidence** 

Draining Uncertainty Long-Suffering Acceptance

High Confidence

Blatant Arrogance Quiet Self-Assurance Adapted from Re-Thinking Humility - Getting Back to An Essential Ingredient of Great Leadership

## Humility



- Humilis is Latin for "low or close to the ground"
- 4-Part Definition based on work from Dr. Chris Peterson (University of Michigan)
  - **H** Heading backstage; does not strongly desire or need to be center of attention
  - **E** Empathize before self; focused as much on others as on oneself
  - L List abilities accurately; recognizes the truth about their strengths & weaknesses
  - P Permits others to influence them; demonstrates open-mindedness

"The single most valuable piece of advice coming out of psychology is to consider the opposite. Ask yourself why you might be wrong."

"My attachment to my ideas is provisional. There's no unconditional love for them."





#### Decisions Journal

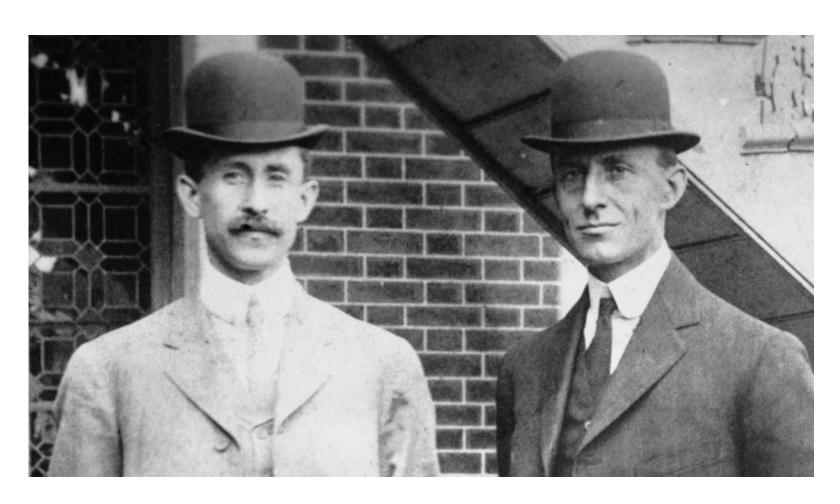
- 1. I decided...
- 2. I will change my mind if...

• "The absence of conflict is not harmony, it's apathy." – Member of Conflict Research Team

# Agenda

- ✓ Individual Rethinking
- Interpersonal Rethinking
- Collective Rethinking
- Conclusion

## "Can we have a debate about this?"



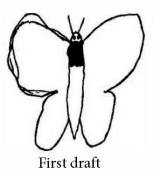
# Tips for Dancing with Foes

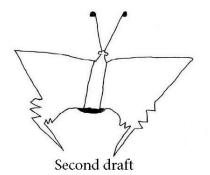
- 1. Agree with the other person
- 2. Spend more time looking for common ground
- 3. Recognize that less is more (fewer reasons that back your position)
- 4. Ask more questions, then... (the best ask 2x questions of average negotiators)
- 5. Point out the holes in your own argument

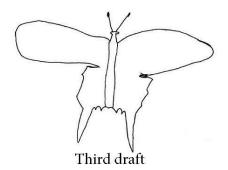


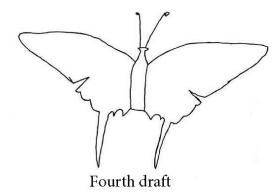
# Agenda

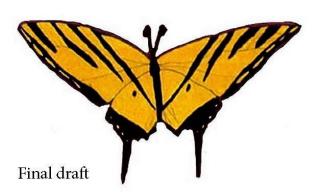
- ✓ Individual Rethinking
- ✓ Interpersonal Rethinking
- Collective Rethinking











"There are two types of people, those who divide the world into two kinds of people and those who don't!" - Robert Benchley

