RESOUCES ON RACE AND RACIAL INEQUITY | DEC 2020

ARTICLES

- 100 things white people can do for social justice
- Daryl Davis, a black musician who has converted KKK members. A quick google search will bring up many reference points, but here's one from the Guardian.
- The Dehumanizing Condescension of White Fragility

PODCASTS

- I619 Podcast from The New York Times: an audio series observing the 400th anniversary of the beginning of American slavery.
- Seeing White
- Hidden Brain <u>episode</u> about the cost of upward mobility, ends with using the model of immigration as an abundant model
- Hidden Brain <u>episode</u> on Psychology of Self Doubt

BOOKS

- Banaji, Mahzarin R. & Greenwald, Anthony G. <u>Blind Spot: Hidden Biases of Good People</u>
- Degruy, Joy <u>Post-Traumatic Slave Disorder</u>
- DiAngelo, Robin White Fragility
- Hollins, Caprice & Govan Ilsa <u>Diversity, Equity, and Inclusion: Strategies for Facilitating</u> <u>Conversations on Race</u>
- Irving, Debby Waking Up White
- Kendi, Ibram & Raynolds, Jason <u>Stamped</u> (for Teens)
- Kendi, Ibram <u>Stamped from the Beginning</u>
- King Jr, Martin Luther & Harding, Vincent <u>Where Do We Go From Here?</u>
- Lansey, Darryl <u>A Thin Line Between Love and Hate</u>
- Menakem, Resmaa <u>My Grandmother's Hands: Racialized Trauma and the Pathway to Mending</u> <u>Our Hearts and Bodies</u>
- Metzl, Jonathan Dying from Whiteness
- Morrison, Latasha <u>Be the Bridge</u>
- Obama, Barack <u>A Promised Land</u>
- Orange, Tommy <u>There There</u>
- Ross, Howard Everyday Bias
- Rothstein, Richard <u>The Color of Law</u> (see video below by same author)
- Saad, Layla <u>Me and White Supremacy: Combat Racism, Change the World, and Become a Good</u> <u>Ancestor</u>
- Tochluk, Shelly <u>Witnessing Whiteness: The Need to Talk About Race and How to Do It Second</u> <u>Edition</u> – <u>http://witnessingwhiteness.com/workshop-series/</u>
- Vance, JD <u>Hillbilly Elegy: A Memoir of a Family and Culture in Crisis</u>

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Wilkerson, Isabel <u>The Warmth of Other Suns</u>

VIDEOS

- Emmanuel Acho's YouTube series called <u>Uncomfortable Conversations with a Black Man</u>
- Short <u>animated video on Redlining</u>, produced by Richard Rothstein (see book reference above)
- TED <u>Talk</u> by Chimamanda Adichie
- TED <u>Talk</u> by Heather McGhee
- TED <u>Talk</u> on Alpha Chicken, about impact of defensiveness in mediation/negotiation
- Radical Collaboration <u>video</u>
- Jim Crow program on WETA

MOVIES

- Who We Are: A Chronicle of Racism in America by Jeffery Robinson (Netflix)
- Self Made (Netflix mini-series about the first African American woman millionaire. It has a very
 powerful story of Black women and the power dynamics in the relationship with men of all races)
- Who Killed Malcolm X? (Netflix)
- 13th (Netflix and Free on YouTube) Thirteenth is a painful and horrific realization of the business of incarceration and the perpetuation of systemic inequality and inequity in perceived guilt and sentencing. It spans our political system over decades regardless of the party in office.
- I am not your Negro (Netflix)
- Just Mercy is a fairly popular book and the movie was even more powerful as the families and the personalities of each character were brought to 3-D life with incredible acting.

OTHER

- Living Legacy <u>Pilgrimage</u> to Alabama
- This <u>Diversity, Inclusion, Antiracism</u> program contains five sections, each one covering a diversityrelated competency. The program includes reading, journaling, and experiential class discussion and facilitation that is meant to be taught in-person over virtually using video conferencing
- The Nat'l Museum of African American History has a useful page for learning
- Invisible Thumbprint How Unconscious Bias & White Culture Affect Public Media (Summer Series)
- Race, The Power of an Illusion (PBS Series)
- Hard Conversations: Whiteness, Race and Social Justice by Patty Digh (five-week course)
- Racial Equity Course by Wendy Moomaw (six-week series)
- The Civil Rights <u>Museum</u> in Memphis

